

Coronavirus:

Don't fear - Protect yourself

Knowledge is your shield



Wash your hands frequently and thoroughly using soap or alcohol-based hand sanitizer. Avoid touching your nose, mouth and eyes.



Cover your mouth and nose with a tissue or in a bent elbow when you cough or sneeze. Immediately wash your hands.



Throw used tissues in a closed lined trash can.



Avoid close contacts if you are sick (cough, fever, runny nose, sore throat) or with people exhibiting these symptoms, especially the elderly or chronically ill.



If you develop a fever, cough or shortness of breath after traveling to an affected area, **call your doctor or the National Public Health Organization (210-521-2054)** and stay home.



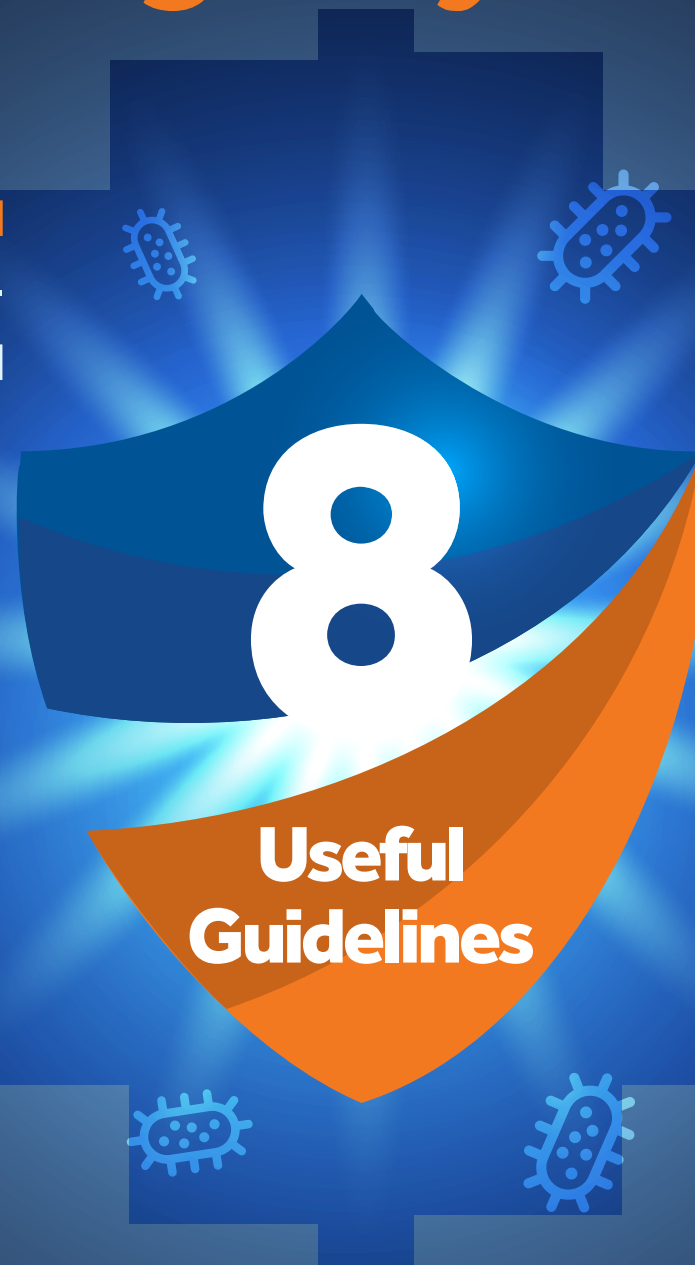
If you become sick while traveling, **tell a crew member immediately and seek medical help.**



Wash your hands before cooking, before and after caring for sick people and after contacting live animals.



Trust the information given by **experts and scientists.**



GENERAL SECRETARIAT
FOR CIVIL PROTECTION



HELLENIC REPUBLIC
Ministry of Citizen Protection